




# Buffalo Trails MultiSport Race -Swim and Run Courses Map-

-  Medical Station
-  Command Center
-  Water Station



**Swim Course**  
Start - Board Barge @ Hardymon Landing on Commerce Street  
End - Limestone Landing  
  
Triathlon International Swim Distance - .7m  
Sprint Distance Swim- .5m

**Transition Area**

**Finish Line**

**Run 2 (10k, 2 Loops)**  
Start - Corner of Limestone & 2nd Street  
End - River Landing Access

**Duathlon - Run 1 (5k, 1 Loop)**  
Sprint Tri - 1 Loop  
Start - Corner of Limestone & 2nd Street  
End - River Landing Access

